

Abstract 16: A case report ME86 Symptom or complaint of a body part (SCBP), Chiren Therapy Centre, Limerick, Ireland.

Objectives:

1. To present two case studies via video testimonials illustrating the initial assessment, treatment modalities, and resulting outcomes in patients with SCBP.

Background:

Symptoms of bodily discomfort or dysfunction require thorough evaluation, including medical history, examination, and tests to determine underlying causes. This process incurs financial costs for consultations, diagnostics, and treatments, potentially leading to productivity loss. Causes may stem from various sources such as injuries, nerve issues, inflammation, infections, tumours, or psychosocial factors. Successful management necessitates precise diagnosis and personalized interventions. Our treatment approach, based on the "Chiren" protocols, primarily utilizes the "Ramirez Key," a three-point combination. These points, including Chong zi 22.01 and Yintang (EX-HN 3), were selected based on observed outcomes, with patients frequently reporting immediate sensations of clarity, relaxation, and reduced pain levels post-needle insertion. Through a video testimonials published on Facebook in 2018, we aim to provide insights into the initial assessment and treatment reaction of SCBP patients, highlighting their experiences and treatment outcomes.

Methods:


In this abstract, one testimonial from Symptom or complaint of a body part (SCBP) patient were included, highlighting their individual experiences and treatment outcomes. These videos were carefully edited to provide clear and impactful insights into the effectiveness of the treatment approach for SCBP..

Findings:

Keela, now 22 years old, began her treatment on February 8th, 2018, and attended a total of 31 sessions until April 11th, 2019. Through the course of her treatment, she regained full functionality and is currently attending college and working without any restrictions. Keela's positive outcome has led to numerous referrals from both herself and her family. While her treatments occurred before the development of the Trauma Stress Relief (TSR) software, her inspiring journey served as a catalyst for its creation. To watch Keela's testimonial, click on the provided link. <https://www.dropbox.com/scl/fi/ud58nw6nqgnivg8b1mnfz/keela-chronic-pain.mp4?rlkey=yeuufs6bfhokdp0tl7oh3bbx9w&dl=0>

Interpretation

Keela's testimonial underscores the immediate effectiveness of the therapy in alleviating trauma-related symptoms among SCBP patients. However, ongoing observations indicate potential variations in individual responses over the



medium to long term, influenced by subsequent exposure to trauma or stressors. To advance our understanding and treatment approaches, addressing limitations through thorough biomarker analysis, longitudinal assessments, and comparative effectiveness research is imperative. By doing so, we can refine interventions and enhance outcomes for those managing SCBP, ultimately improving their quality of life. Keela's journey serves as a valuable reminder of the importance of continued research and innovation in the field of nociplastic pain management.