

Abstract 12: Fibromyalgia, four cases report, Chiren Therapy Centre, Limerick, Ireland.

Objectives:

1. To present four case studies via video testimonials illustrating the initial assessment, treatment modalities, and resulting outcomes in patients with fibromyalgia.

Background:

Fibromyalgia, a chronic pain condition characterized by widespread musculoskeletal discomfort, often shows poor responses to painkillers and antidepressants.

All patients received treatment based on the "Chiren" protocols, with the primary protocol known as the "Ramirez Key," which involves a three-point combination. This combination originally includes points located on each hand in an area identified by Master Tung as Chong zi 22.01, and Yintang (EX-HN 3), known for its mentally stabilizing effect in Traditional Chinese Medicine (TCM). The selection of these points was based on observed outcomes following needle insertion, where patients frequently reported sensations of clarity, relaxation, and reduced pain levels, sometimes experiencing immediate relief. An immediate treatment response register was created as a result.

This case report We are presenting four video testimonials all recorded and published in Facebook in 2017. In this video we are presenting initial assessment and first treatment reaction. The goal is to provide insights into fibromyalgia.

Methods:

Four fibromyalgia patient's testimonials were included showing their experiences and results. Videos were specially edited for this abstract.

Findings:

Shannen, now 29 years old and happily married, continues to thrive as a teacher in Dubai. Whenever she visits Ireland, she prioritizes her well-being by scheduling a minimum of three treatments to rejuvenate and maintain her health. Unfortunately, due to the timing of her initial visit in 2017, which predates the establishment of our comprehensive system, we do not have her complete trend record. Nevertheless, her commitment to regular treatments speaks to the positive impact our therapy has had on her overall wellness. To see Shannen testimonial press this link <https://www.dropbox.com/scl/fi/2ppy77pysx6rpdwc1lsr/Shannen-fibromyalgia.mp4?rlkey=4aa48cgaw43dypzaq2kbcp8rk&dl=0>

Jennifer, now 46 years old, embarked on her treatment journey with us on October 3rd, 2017. Following the completion of her initial five treatments, she continued to visit sporadically until January 12th, 2024, when she was officially incorporated into our Trauma Stress Relief (TSR) system. Notably, Jennifer exhibited positive responses to our therapy after just three treatments, highlighting the efficacy of our approach. This pivotal moment not only signifies her progress but also underscores the importance of empowering patients to recognize and address early symptoms of stress, contributing to their overall well-being. To see Jennifer testimonial press this link <https://www.dropbox.com/scl/fi/p6eph9px4smlmci3ni0cs/jennifer-fibromyalgia.mp4?rlkey=zvp7f9asslxke4ilcqpkkc4vn&dl=0>

Orla, now 51 years old, after her first set of treatment she visit the clinic every time that she experiences stress. Her busy life managing her own business and the family business under a lot of pressure and stress. She has learned to identify all the stress initial symptoms. <https://www.dropbox.com/scl/fi/j2myafdj5bhfgnq2nv07j/orla-fibromyalgia.mp4?rlkey=upjognidi8kd2lwhztgfyvpeh&dl=0>

Jessica, now 43 years old, after her amazing reaction to five treatment she is still in good general form. We haven't seen her again since 2017. But she is still referring patients to the clinic. <https://www.dropbox.com/scl/fi/yyw86qencsjq044x7hzff/jessica-Fibromyalgia.mp4?rlkey=jf914ej4mawk78kf1400y5see&dl=0>

Interpretation

This testimonial provides encouraging evidence of the therapy's effectiveness in providing immediate relief from trauma-related symptoms in fibromyalgia patients. However, our follow-up experiences indicate that each patient may exhibit varied medium and long-term responses, often influenced by subsequent exposure to trauma or stressful circumstances. To enhance our understanding and refine treatment strategies, it is crucial to address limitations through comprehensive biomarker analysis, longitudinal assessments, and comparative effectiveness research. By undertaking these measures, we can further optimize therapeutic interventions and improve outcomes for individuals grappling with fibromyalgia.